

# THE EFFECT OF USING THE SCHOOL THEATER ON LEARNING SOME SKILLS OF THE GROUND MOVEMENT MAT GYMNASTIC ART FIFTH GRADE PRIMARY

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## ABSTRACT:

*The school theater is one of the targeted activities, has educational and educational goals as well as recreational goals, and works to support the educational process and the educational aspect through directed theater performances, and its objectives are directed towards a certain segment are pupils, it also encourages talents and develops creative abilities to express and works on Breeding artistic taste and aesthetic sense of pupils and care of them from the physical, mental and emotional, which makes it an important tools in the formation of pupils culture, the problem of research and through field visits by researchers to a number of schools noticed TamamBaljmnstn in terms of performance in general in primary schools and artistic Almmstnk in particular and the lack of activation of the use of school theater in schools and exploited in the education of students some skills, the researchers believe that the need has become urgent to use modern means, including school theater, which contributes to raise the level of performance for the learner, and aims Identify the effect of school theater on learning some skills of the ground movements mat Gnmstk artistic for the fifth grade of primary and the preparation of educational units include school theater and its impact on learning some skills of the ground movements mat Gnmstk technical grade Yesterday, the two researchers chose the experimental method to suit the nature of the problem. As for the research hypothesis, there are statistically significant differences between the pre- and post-tests of the experimental and control groups in teaching some of the skills of the ground movements mat. Skills on the ground movements in the artistic gymnastics for the fifth grade pupils either the sample of the research (10) pupils in the School of Noor Shams Elementary Mixed Baghdad / Karkh first, and the experiment was implemented The researcher was treated statistically by spss system that both methods of learning namely learning using the school theater as well as the method adopted by the school has achieved a result Moral in learning the skills of the ground movements mat under research since both methods used the method of explanation despite the different, but it gave the idea to the pupil about what the skill and its sections and points of interest, the researcher concluded that the use of school theater effective role in learning the skills of ground movements mat Gymnastic Through the experimental group's superiority over the control group in learning skills, the researchers recommend that the curriculum be prescribed because of the impact of this method in the learning of pupils and the speed of information access to them.*

## INTRODUCTION

The school theater is one of the targeted activities, has educational and educational goals as well as recreational goals, and works to support the educational process and the educational aspect through directed theater performances, and its objectives are directed towards a certain segment are pupils, it also encourages talents and develops creative abilities to express and works on Raising the artistic taste and aesthetic sense of pupils and their care in terms of physical, mental and emotional, which makes it an important tools in the formation of the culture of pupils, and indicate (named, 2000, page 17) that the employment of theater in general and school theater, especially in the guidance and guidance of children A number of effective means in raising awareness for children as an important interactive means, especially if the content of the stage show suitable for the desired purpose.

Not only does the school theater work on awareness and guidance, but it is also a means of effective influence in the development of physical abilities, motor and skills, as theater performances are prepared if employed in a manner where the child is a role in that performance, which makes it permanent movement leads skills without fatigue, and since Physical motor skills in general and artistic gymnastics in particular represent one of the main duties of the teacher of physical education in primary schools.

Through the field visits carried out by the researcher to a number of schools noticed the lack of interest in gymnastics in terms of performance in primary schools and artistic gymnastics in particular and the lack of activation of the use of school theater in schools and exploited in the education of students some skills, the researchers believe that the need has become urgent to use modern means Including school theater, which contributes to raise the level of performance of the learner.

In a study of (Ani, 2017) in which the researcher concluded that the games have a significant and important role in the life of the child, because by involving the games and activating them functionally with the pillars of the child's theatrical work, the child's theater is an important aspect in attracting the child through the story embodied by the movement with the elements of the presentation Theatrical.

As for the study of (Maliki, 2014), the researcher concluded that the child theater and the school theater with its various themes and presentations and to get to reach the mind and conscience of the child. Therefore, it is necessary to establish a theater, even if it is simple, in each school. The researcher also concluded that the children's theater combines entertainment and education.

## MATERIALS AND METHODS:

The researchers used the experimental method of two groups for the purpose of comparison between them in solving the research problem. The researchers selected a sample of the primary school pupils and the number of 20 pupils from the fifth grade primary were divided into two groups experimental group, which amounted to (10) students used school theater as a way to teach some The skills of the ground movements of the gymnastics, and the second group of (10) pupils, which was a control group used the curriculum used in the school to teach some of the skills of the ground movements of the gymnastics.

Some of the skills of the ground movement mat were determined based on the vocabulary of the curriculum prepared for the second semester and the skills are (Saleh Majid Al-Azzawi 2013. p. 53)

Strokes front and rear strokes because of the presence in the curriculum for the fifth grade of primary, which is one of the easiest movements of gymnastics in addition to the front balance.

:Staged front rolling

This skill depends on the principle of achieving balling and turning around the transverse axis of the body.

The head should be forward with the chin attached to the head. The chest should be embedded in the body and this is done through the hip joint, the knees are forward and the feet should be pushed together. The rolling is done by touching the area behind the head and not the front of the head of the carpet. 2019 p. 58).

Rear spherical rolling:

It is a rotation of the body back around its transverse axis and is harder than rolling forward and for the movement of the back and the presence of the head as a hindrance from sitting on the feet (combs) learner tends to roll back on the body with the bend of the head on the chest and bend the knees on the chest and move the arms quickly behind The hands are placed next to

the head so that the fingers are directed towards the shoulders and thumbs next to the ears, then the learner pushes the ground with the hands to allow the head to pass through. The learner completes the cycle back to reach the four-seated position again (Niran Khalil Abdul Qader 2019. P. 58).

:Front Balance

The balance of the front is important because it connects the other parts of the movements as well as indicates the stability and be the man on which the body is in the balance position is stretched and Schiller comb feet forward to the front and the tendency of the trunk forward as a result of lifting the man upwards and thus the body up to the horizontal position perpendicular to the man based The back is curved and the arms are stretched out to the side and looking upwards and forwards so that the exponent bends backward. The head and legs are raised on a single height line.

Tribal tests:

Before the start of the tribal tests, the researchers applied a single identification module for the purpose of introducing the students to the skills to be tested for the experimental group. The researchers conducted tribal tests on the research sample in the outside yard of Noor Al-Shams Elementary Mixed School Directorate of Education in Karkh by photographing the skill for

the purpose of presenting it to the experts for evaluation.

: Main experience

The researcher has prepared educational units for the school theater of the experimental group and includes explanations and special educational materials including glove dolls as well as a costume worn by the teacher as a model, which is a cartoon characters "rabbit or bear" skills rolling front and rounded ball rolling back and balance on a sample of fifth grade primary students The number of (10) pupils in Noor Al-Shams Elementary Mixed School Baghdad / Karkh first, the main experiment was carried out during (8) weeks and by (3) teaching units each week to be a total of (24) educational units for the experimental group, the main section was divided J for the educational unit to (10) minutes to explain the educational aspect of each unit, while the applied side was time (15) minutes, which will apply pupils what was explained in the educational aspect, and the sample of the research was divided using lots where the Division (B), which represents the experimental group The researcher prepared a play that was presented in the main section of the unit. The play includes three characters. The scenario and the characters of the play were identified in general. L with specialists where the researcher designed a school theater presented to the play.



Tests after:

The tests were conducted after the completion of the implementation of the educational units and took into account that the conditions of the post-test similar to the conditions of the pre-test in terms of time and place and the test method and auxiliary staff to achieve accurate results.

: Performance evaluation

The skills of the ground movements used in the research were evaluated after being photographed and presented to four experts in the field of artistic gymnastics from (0 - 10) grades for each skill. The remaining two degrees are divided by (2) to be the final score.

**RESULT AND DISCUSSION:**

For the purpose of extracting the statistical results, the researchers used the statistical bag SPSS to extract the values of the mean, standard deviation, the value of t for the correlated samples and the value of t for the independent and real samples and their significance according to the following tables:

Table (1)

Arithmetic mean and standard deviation of the pre- and post-tests of the experimental and control sample

Test after		Test before		the test	the group
standard deviation	Arithmetic mean	standard deviation	Arithmetic mean		
0.48	1.25	0.34	1.8	Forward - rolling	Experimental
0.36	7.5	0.41	1.5	Streptococcus rear rolling	
0.66	7.15	0.57	7.3	Front Balance	
0.79	5.55	0.55	1.4	Forward - rolling	Control
0.27	5.4	0.49	1.55	Streptococcus rear rolling	
0.79	5.56	0.33	1.35	Front Balance	

Table (2)

Values of differences between the pretest, posttest and real moral and their significance for the experimental and control groups

Significance	Sig.	ValuesT	Std. Error Mean	Mean Differences	the test	the group
moral	0.00	30.85	0,18	5.,75	Forward rolling -	Experimental
moral	0.00	23.98	0,25	6.05	Streptococcus rear rolling	
moral	0.00	26.71	0.21	5.6	Front Balance	
moral	0.00	18.54	0.22	4.1	Forward rolling -	Control
moral	0.00	14.88	0.25	3.8	Streptococcus rear rolling	
moral	0.00	13.58	0.30	4.2	Front Balance	

At the degree of freedom (9) and the level of significance (0.05)

Table (3)

Calculated t and true and significant significance of the differences between the post-dimensional tests of the experimental and control groups

Significance	Sig.	The value of T	Control group		Experimental group		the test
			الانحراف المعياري	الوسط الحسابي	الانحراف المعياري	الوسط الحسابي	
moral	0.00	7.19	0.79	5.55	0,48	1.25	Forward rolling
moral	0.00	6.08	0.27	5.4	0.36	7.5	Streptococcus rear rolling
moral	0.00	4.86	0.79	5.56	0.66	7.15	Front Balance

From the previous tables (2) we note that the values of t-test were all less than the significance level of 0.05, which indicates that the differences were significant, and from the review of table (1) we find that the values of the mean of the tests were greater than the values of the mean of the tests after, Shows that the differences were in favor of the posttest and for both groups.

Both methods of learning, namely the use of school theater as well as the method used by the school has achieved a significant result in learning the skills of the ground movements of the carpet under consideration as both methods used a method of explanation, although different, but it gave the idea for the student on what the skill and its sections and points of interest.

When comparing the results of the experimental group that adopted the puppet theater in explaining the skill with the results of the control group, which adopted the method adopted by the teacher using the T-Test test for independent samples, which showed significant differences since the real moral values were all below the level of significance (0.05). Under the degree of freedom 18.

From the review of the arithmetic circles, we find that the values of the experimental group were larger than the values of the control group, which indicates that the differences were in favor of the experimental group. The researchers attribute this excellence to the experimental group that the school theater "provides opportunities for recreation of pupils in an educational recreational activity where it gives a positive style For a recreational activity in which the community engages with pleasure and joy"(Tanbour, 2015, p. 18)

Here, the researchers emphasize that the pupils discover a new world and Ttskmon characters in the text of the play in the educational section of the educational unit.

On the other hand (Al-Tanbour, 2015, p. 111) believes that the theater works to vent the pupil through what is presented in front of him, he finds himself differentiating all his energies with all Mairi and expresses his repressed emotions and desires that hide

Al-Salam (1986, p. 10) points out that by watching what he sees in the school theater, he unleashes his emotions to express what is inside and feels that others have been able to express themselves.

The researchers believe that the school theater is the strongest teacher of morality and the best motivation for good behavior because his lessons are not taught through books and in a cumbersome and boring way, but the movement that foresees enthusiasm and reaches directly to the hearts of students.

Al-Kaabi (2009, 113) believed that the school theater was one of the greatest inventions of the twentieth century and that its educational value is significant and clear today.

In the view of the researchers that the theater curriculum by theater text and the use of puppets and within the incubator school theater is a fountain of knowledge and is an important source for the development of his ideas.

He also points out (Abdul - Da'im, 1973, p. 171) that puppet theater is an educational tool with a high degree of effectiveness and influence and is a valuable source of information about the form and real scenes of theater.

The school theater and puppet theater are the best way to teach students the skills and performance and that interest in school theater and puppet theater has educational benefit and receive many educational materials and indicate (Anani, 2007, p. 182) Puppet plays explain to them the general principles of skill and teach them the correct rules and desires them in a desirable way.



Therefore, the researchers believe the need to pay attention to school theater as one of the methods of education that use audio-visual aids in addressing the minds of students has confirmed (Al-Gohary, 1986, p. 183) reaches the limits of the school theater highest ranges in the provision of artistic and sports works characterized by rich knowledge and educational as well as educational.

The researchers proved in this study that the school theater has effectively influenced the learning of the skills under research towards learning the skill, and was caused by the use of a method of teaching in an accurate and orderly manner, in addition to its efficiency in the delivery of accurate and rapid information to students and clarify the key aspects of the skill. WajihMahgoub 2001. p. 134) In the information (the availability of skill information will develop the ability to learn motor skills more than those who did not have extensive information before training). The researchers attribute that the increase in the orientation towards learning the skill is caused by the use of the school theater teacher and presentation method and the researchers agree with what they confirmed (SahiraRazak 1993. p. 81) (The use of reinforcement through the live model and then the photographer improves performance level)

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